



families, deception, and drama

Don't Blame Me!
September 7, 2025

Read Genesis 4:3–5

How have you seen sibling rivalry (jealousy, competition, favoritism) carry over into adulthood—either in your own family or in others? How should believers handle these tensions differently than the world?

Read Genesis 3:12–13

Adam blamed Eve, Eve blamed the serpent. Why do you think blaming is such a natural human response? In what ways do you see this same tendency in your own family or relationships?

Read Genesis 2:16–17

How does this passage show that God's commands are meant to protect freedom, not restrict it? Share an example of how obedience to God has brought more freedom and joy in your life.

Read Genesis 3:1–5

Satan twisted God's Word and offered an appealing "new truth." How does our culture today tempt people to question or twist God's Word? How can we combat those lies?

Read Psalm 51:1–4

David doesn't blame others for his sin—he owns it before God. What makes it so difficult to take full responsibility for our actions? How can confession and repentance bring healing in our families? What impact does confession and repentance have on our relationship with God?

Read Genesis 4:6–7

God told Cain that sin was crouching at the door, but he had a choice. What sinful family patterns (anger, addiction, favoritism, secrecy) have you seen passed down through generations? How can faith in Christ break these cycles?

Read Genesis 4:13–15

Even after Cain's rebellion, God marked him with protection. How does this show both God's justice and His mercy? Where have you personally experienced both discipline and grace from the Lord?

Read Psalm 119:11

What lies from your family background (favoritism, criticism, blame) are hardest for you to shake off? Find some specific verses that can help you replace those lies with truth?